

TRAINING SPOTLIGHT

# In training

We report on the latest training news from the industry

## P-SHOT® AND O-SHOT® TRAINING, DR SW CLINICS, HARLEY STREET

The Dr SW Clinic in Harley Street played host to the first European training course for the P-Shot® and O-Shot® (sexual regeneration using PRP).

Led by Dr Sherif Wakil, who was the first doctor in Europe to become an accredited trainer for the treatments, the two-day course included both theoretical and practical hands on step-by-step training. Dr Wakil also stressed the importance of selecting the right centrifuge machine to get the most viable PRP; how to achieve the best results; why some forms of PRP work while others do not as well as the importance of patient selection.

Delegates also got a chance to learn from and speak with the inventor of the procedures, Dr Charles Runels, who flew over from the States to support Dr Wakil.

One of the delegates on the course was Dr Shirin Lakhani who has become the first female doctor to provide the treatments in the UK and who has since teamed up with fellow delegate Dr Kannan Athreya to offer the treatments in Kent and Essex.

Dr Athreya said, "Cultural and social taboos often prevent men and women from seeking help for problems of sexual health problems which can have a devastating impact on relationships and self-esteem. Treatments such as The O-Shot® and P-Shot® are revolutionising the approach to sexual healthcare offering hope to men and women who would normally have quietly suffered with these problems."

Following the success of this inaugural course and in response to requests from delegates, Dr Wakil has now announced additional dates and included training for the Vampire Breast-Lift.

The first three-day course will be held in Amsterdam on September 23-25. Day one of training will focus on the O-Shot®; day two will be dedicated to the P-Shot® and the final day will be on the Vampire Breast-Lift.



## LUMENIS M22 USERS MEETING, ASKINOLOGY, LEADENHALL MARKET

Dr Askari Townshend welcomed fellow Lumenis customers to his plush new clinic in the City of London – Askinology – for the first ever M22 Users Meeting. The day began with an overview of the product, treatments, complications and parameters, led by KOL, Dr Miguel Montero. After a networking lunch, delegates took part in a masterclass style session where they had the opportunity to treat back-to-back patients with vascular lesions ranging from rosacea, to leg and facial veins.

Dr Townshend commented, "It was a real pleasure to host the Lumenis M22 User Meeting. Dr Miguel Montero gave a short lecture but then spent the rest of the day demonstrating his expert skills to the group of advanced practitioners, who had travelled from across the UK to share experiences. As always, Dr Montero didn't hold back with his tips and tricks on getting the most out of such a versatile piece of kit. Having just opened Askinology, it was the first time we made use of our training space and was great to see the space put to use."

Dr John Elder, Glen-Eden Medical commented, "A tremendously useful day – full of hints, tips and explanations. I'm sure we will all have benefited enormously – I know I did! An awful lot of 'I didn't know it could do that!'" **AM**

